# SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

# SAULT STE. MARIE, ON

# COURSE OUTLINE

#### COURSE TITLE: LAB/PRACTICAL EXPERIENCE

CODE NO.: RSP 104

SEMESTER: 1

PROGRAM: REHABILITATION ASSISTANT PROGRAM

AUTHOR: SHARON OUINN & BRENDA LAFRAMBOISE

DATE: JAN./98

PREVIOUS OUTLINE DATED: 01/97

a tag **APPROVED:** DEAN

77 DATE <u>\*\$f7</u>?

**TOTAL CREDITS: 4** 

PREREQUISITE(S): N/A

LENGTH OF COURSE: 3 HOURS/WEEK

**TOTAL CREDIT HOURS: 54** 

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#### I. PHILOSOPHY/GOALS:

This lab/practicum course is designed to introduce students to the field of rehabilitation support services and to gain practical experience in a variety of rehabilitation settings.

Module I: (approximately 12-16 hours)

Students will orientate to health care agencies and observe members of rehabilitation teams.

Module II: (approximately 34 - 39 hours)

Students will be placed in two health care settings with a professional therapist. They will observe and participate when appropriate, in day to day work with clients under the supervision of an Occupational Therapist or Physiotherapist.

Module III: (approximately 3-4 hours)

In this final segment, students and teachers and placement agencies will discuss and evaluate the practical experience. Individual students need to complete self evaluations for placement objectives. Teachers will complete summative progress with each student. All participants in Semester 1 placement need to evaluate this experience.

## H. LEARNING OUTCOMES:

Note: It is expected that each student will relate theory content of all courses to the lab/ practicum course. This is essential for integration and safe application of skills to date.

Each student is accountable for content covered to date and needs to maintain competence throughout the program.

Upon successful completion of the course the student will:

- 1. Report on assigned observation experiences in a variety of settings where clients have rehabilitation services provided by Occupational Therapists and Physiotherapists, or these delegated to carry out the therapist's plan of care.
- 2. Clearly identify and describe roles that each profession has in the rehabilitation process. (Medicine, nursing, social services, rehabilitation, pharmacy, clergy, etc.)

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# H. LEARNING OUTCOMES (continued)

- 3. Begin to assist the stable client to meet goals set by the Occupational Therapist or Physiotherapist.
- 4. Demonstrate accurate, concise, observation and reporting skills both orally and in writing.
- 5. Demonstrate effective communication skills with clients and health team members.
- 6. Demonstrate ability to work within knowledge base, role boundaries, practical skills to date and agency policies set for rehabilitation support personnel.
- 7. Safely and effectively carry out delegated therapeutic skills under the supervision of the Occupational Therapist or Physiotherapist.
- 8. Demonstrate Medical Asepsis 100% of the time.
- 9. Demonstrate ability to keep all client information confidential.

## m. TOPICS:

- 1. Observation experiences in Rehabilitation Settings
- 2. Roles and Responsibilities of Professionals in Rehabilitation
- 3. Assistants Role in Rehabilitation
- 4. Safely and Effectively Assisting Stable Clients Under Supervision of Occupation Therapist or Physiotherapist
- 5. Observing and Reporting Skills
- 6. Communication Skills
- 7. Limitations of Scope in Practice
- 8. Medical Asepsis
- 9. Confidentiality, The Law, The Policies

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## IV. LEARNING ACTIVITIES:

#### Introduction to Practicum:

- 1. Carefully review Course Outline I to IV.
- 2. Ensure comprehension of Health Sciences Philosophy and Policy for Students in Practicum.

#### Prepare for Practicum Experience:

- 3. Attend orientation sessions to help prepare for practicum experiences.
  - a) Describe the rehabilitation client care process from the initiation of the referral for services through to discharge, in-patient and out-patient.
  - b) Describe the continuum of care and its components
    - health illness continuum
    - client centered / client motivation
    - 24 hours/day care and coverage
    - assigned tasks/roles
    - delegated tasks/roles
  - c) Identify work environments for rehabilitation assistants: roles/job descriptions in the following categories:
    - clerical
    - client care
    - rehabilitation department maintenance
  - d) Describe how the support activities of maintaining a clean and tidy work environment, ordering supplies, inventory and reception / clerical duties contribute to the overall operation of the rehabilitation program.
  - e) Explain and demonstrate risk management in the work environment. This should include fire and disaster safety and unusual incidents.
- 4. Prepare for Observation Experiences in Module I.
  - a) objectives for each observation experience
  - b) Fact Sheet for placement

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### IV. LEARNING ACTIVITIES (continued)

- c) Health Information Security Check Uniform Other
- d) report required

#### 5. Prepare for On-Site Practicum.

- a) On-Site Tour, Introductions
- b) Review of Fire Policy
- c) Agency Mission Statement/Goals for Care
- d) Agency Policies
- e) Daily Assignment Protocols Data Collection
  - Report from Occupational Therapist/ Physiotherapist
  - Report to Occupation Therapist/Physiotherapist
  - Client Assignment

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- f) Log book
- g) Reports
- h) Pre Post Conferences / Sharing
- 6. Review Formative Progress and Summative Evaluation Objectives for Semester I Practicum.

#### A: Module I: Observation Experience

- i) Attend planned observation experience on time and prepared
- ii) Use effective communication skills
- iii) Leave positive image of rehabilitation assistant students
- iv) Report on observation experiences in a variety of settings where clients have rehabilitation services provided by Occupational Therapists and Physiotherapists, or those delegated to carry out the therapist's plan of care.

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# IV. LEARNING ACTIVITIES (continued)

- B: Module II: Practicum Experience
- i) Attend orientation to agency
- ii) Participate actively in orientation exercises
- iii) Clearly identify and describe roles that each profession has in the rehabilitation process. (Medicine, nursing, social services, rehabilitation, pharmacy, clergy, etc.)

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- iv) Begin to assist the stable client to meet goals set by the OT/PT.
  - 1. Demonstrate accurate, concise observation and reporting skills both orally and in writing.
  - 2. Obtain report on client status from therapists before client care begins
  - 3. Maintain log book of practicum experience
  - 4. Complete reports on practicum experience
  - 5. Observe, monitor and communicate any changes in the client's environment, condition (including skin) or behaviour to the therapist.
  - 6. Attend and participate in pre post conferences.
- v) Demonstrate effective communication skills with clients and health team members.
  - 1. Demonstrate directed and open-ended communication techniques when appropriate,
- vi) Demonstrate ability to work within knowledge base, role boundaries, practical skills to date and agency policies set for rehabilitation support personnel.
  - 1. Demonstrate appropriate professional and ethical behaviour while participating in both client care and non-client care activities.
  - 2. Recognize and initiate opportunities to work as a therapist's assistant.
  - 3. Actively gain experience and confidence working with rehabilitation clients.
  - 4. Demonstrate safe/effective body mechanics in the operation of lifts, transfers and positioning activities and therapeutic activities
- vii) Safely and effectively carry out delegated therapeutic skills under the supervision of the Occupational Therapist or Physiotherapist.
  - 1. Recognize the differences in handling techniques and interactions that will maintain client safety and dignity.
  - 2. Demonstrate organizational skills to manage time and reduce stress in the work environment.
  - 3. Describe common measurement methods used in the gathering and reporting for Occupational Therapists or Physiotherapists and demonstrate how to record statistics.

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#### IV. LEARNING ACTIVITIES (continued)

4. Demonstrate the operation of audio-visual equipment used in educational and program support activities.

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- 5. Demonstrate the functional sequence and appropriate safety precautions of mobility and positioning procedures.
- 6. Demonstrate ability to ambulate a client to increase endurance, maintain function and to re-educate gait.
- 7. Set up appropriate testing or treatment environments and assist with therapeutic protocols
- 8. Demonstrate Medical Asepsis 100% of the time.
  - a) Identify universal safety precautions practised in the management of clients.
- 9. a) Demonstrate ability to keep all client information confidential.
  - b) Explain and demonstrate the concept of confidentiality and its application to all aspects of care.
- 10. Complete progress/evaluation tool for each practicum experience.
  - a) Examine strengths and areas to improve weekly.
  - b) Complete formative and summative evaluations and shares with practicum teacher

## C: Module m Evaluation

- i) Attends evaluation seminar for formal evaluation of Modules I and II.
- ii) Contributes to discussion and final report.

## V. EVALUATION PROCESS/GRADING SYSTEM:

A combination of tests and assignments will be used to evaluate student achievement of the course objectives. A description of the evaluation methods will be provided and discussed by the teacher within the first two weeks of class.

All tests/exams are the property of Sault College.

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### V. EVALUATION PROCESS/GRADING SYSTEM (continued)

Grading symbols used are those established by the College.

A+		90 - 100%
А	=	80 - 89%
В	=	70 - 79%
С	=	60 - 69%

#### VI. REQUIRED STUDENT RESOURCES:

Principles and Techniques of Pt. Care by Pearson, 1994.

#### VH. ADDITIONAL RESOURCE MATERIALS:

Available in the College Library. See teacher resources - booklets in class.

#### Vm. SPECIAL NOTES:

Students with special needs (eg. physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations with the instructor and/or contact the Special Needs Office so that support services can be arranged for you.

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of students.

### IX. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the instructor.